

# APTA Combined Sections Meeting

Feb. 13-15 / Houston, TX



## Downloading Handouts – Login Required\*

### How to Log into the APTA CSM Events App

#### 1. Download the meeting app:

[Apple store](#)

[Google Play store](#)

[Web Version](#) – Best for downloading handouts onto a laptop/computer.

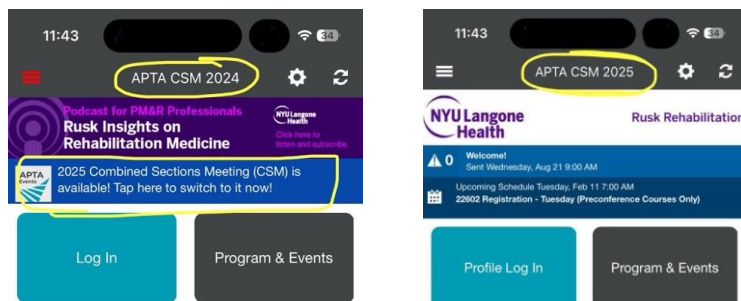
#### 2. To login into the APTA CSM Event App, use the following credentials:

- Registration ID: Found in your registration confirmation email.
- Password: ChoosePT

**Can't find your registration ID?** Visit the [APTA CSM Registration page](#), choose "Register Now," and log into your APTA account. Once logged into the registration system, you can resend your registration confirmation with your registration ID number.

### Issues logging in?

- Confirm you are in the CSM 2025 event – Year is listed at the top of the app. If in a previous year's app, either click on the banner near the top (screenshot below) or scroll down to the bottom of the meeting app and select return to meetings list. Then select APTA CSM 2025.



- Check your [registration](#) to make sure there is no outstanding balance. Under "Registration Options" you can view your Receipt/Invoice.

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## Downloading CSM Handouts on Your Mobile Device

\*\*Please note – Speakers are not required to upload handouts. Some sessions may not have handouts.

1. Log into the APTA CSM Events app (see instructions above)
2. Under the **Program & Events** tile, search for the session(s) you are interested in. Click on the session you would like to view (Image 1).
3. When viewing the session information, scroll down to the bottom of the screen (Image 2).
4. Under Resources, click on Handouts (Image 3). Handouts available for download will now be listed (Image 4).

Image 1:

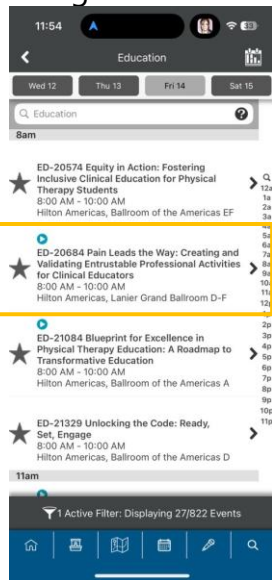


Image 2:

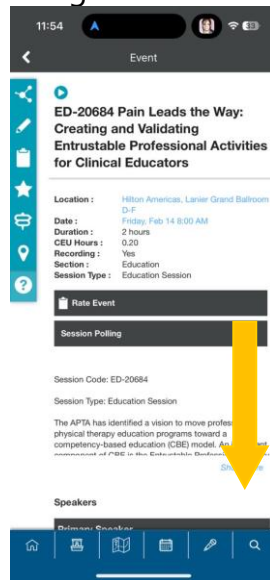


Image 3:

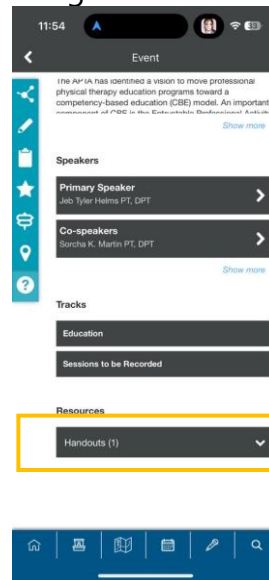
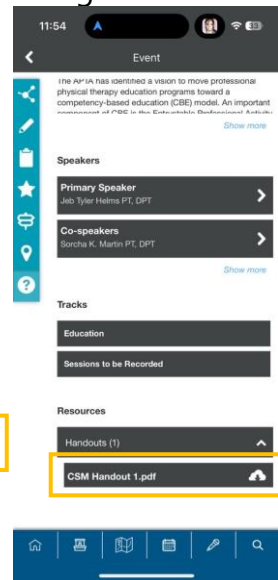


Image 4:

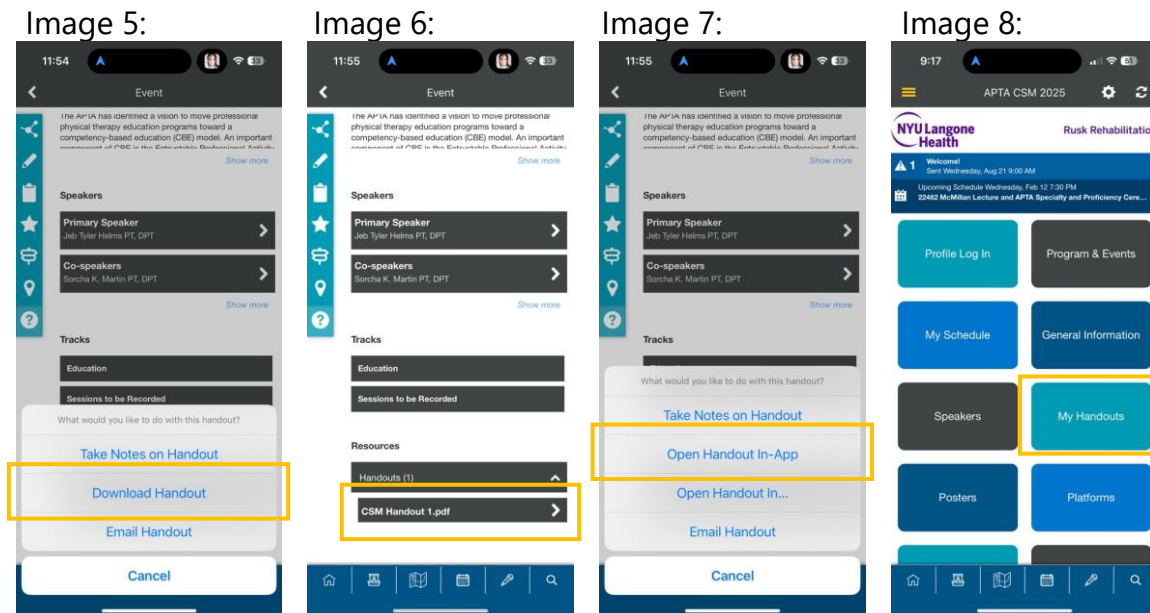


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5. Click on the handout to download then select Download Handout. Options to Take Notes on Handouts and Email Handout are also available (Image 5).
6. Once downloaded click on the name of the handout again (Image 6).
7. Select Open Handout In-App to view handout (Image 7)
8. Once handouts are downloaded to your device, you can always access them from the My Handouts tile on the main app screen (Image 8).



## Downloading CSM Handouts to a Computer/Laptop

\*\*Please note – Speakers are not required to upload handouts. Some sessions may not have handouts.

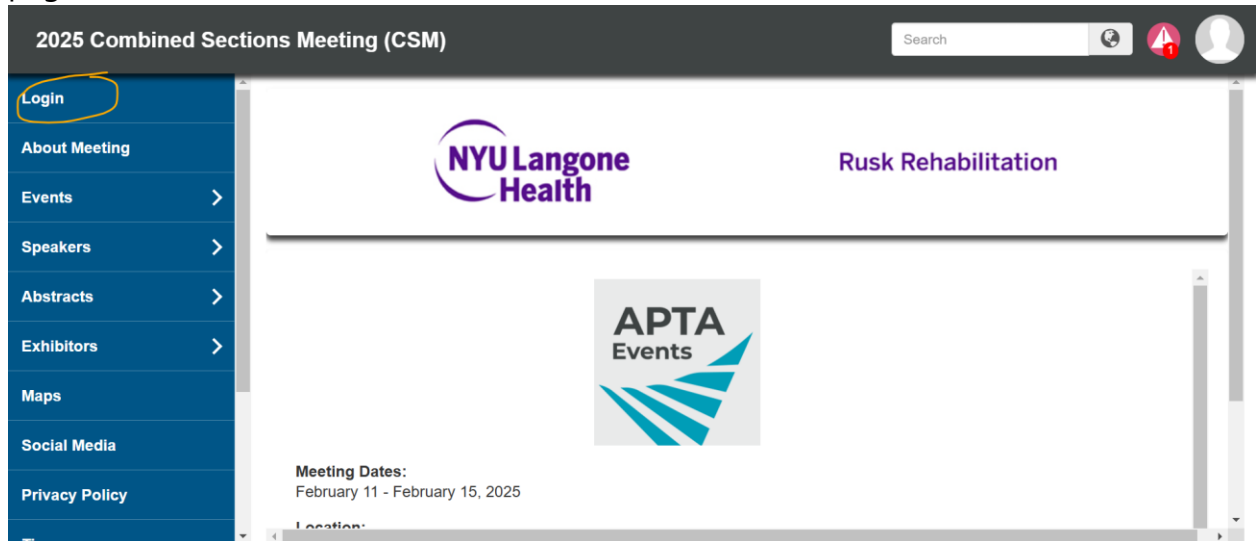
1. Access the desktop version of the APTA CSM Event App by visiting [https://plan.core-apps.com/apta\\_csm25/customScreen/aboutShow](https://plan.core-apps.com/apta_csm25/customScreen/aboutShow)

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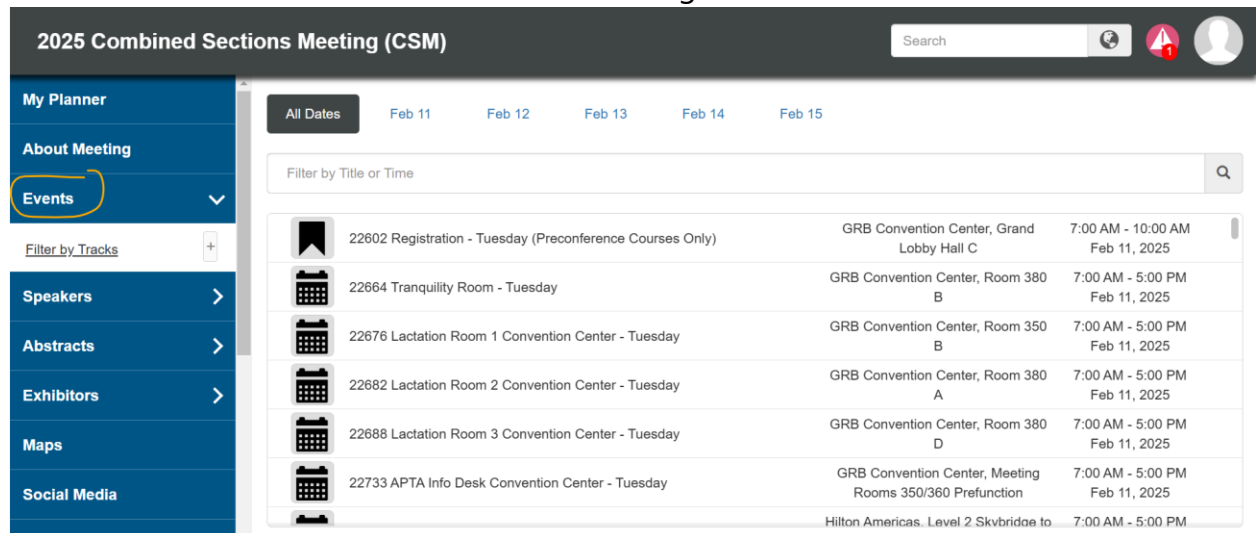
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2. Log into the web version of the app by clicking on **Login** (login credentials on page 1)



3. Click on **Events** to view all sessions and meetings at CSM.



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4. To find specific sessions:
  - a. Click on **My Planner** to view sessions you have starred or added to your schedule.
  - b. Click on **Filter by Tracks** or type keywords into the **Search** bar to help narrow down specific sessions.

2025 Combined Sections Meeting (CSM)

Search

My Planner

About Meeting

Events

Filter by Tracks

Speakers

Abstracts

Exhibitors

Maps

Social Media

Available Filters (9) Select All Clear All

- Alumni Events
- APTA Meetings & Events
- Educational Sessions
- Platform Sessions
- Posters
- Preconference Courses
- Section Meetings & Events
- Sessions to be Recorded
- Student Programming

Apply Cancel

Calendar Icon	Event Title	Room	Date
	22682 Lactation Room 2 Convention Center - Tuesday	A	Feb 11, 2025
	22688 Lactation Room 3 Convention Center - Tuesday	GRB Convention Center, Room 380 D	7:00 AM - 5:00 PM Feb 11, 2025
	22733 APTA Info Desk Convention Center - Tuesday	GRB Convention Center, Meeting Rooms 350/360 Prefunction	7:00 AM - 5:00 PM Feb 11, 2025
		Hilton Americas, Level 2 Skybride to	7:00 AM - 5:00 PM

5. Click on the session you want to download handouts for. Scrolling down at the bottom of the session information (if the session has handouts) available handouts to download will be listed in the **Handouts** section.

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Tips

Get this app on your mobile device

Entertainment

Attendees

HA-21117 Little Leaguer's Aren't Tiny Professionals: Assessment and Treatment of Youth Throwers with Elbow Pain

Details

Location: Marjorie Marquis Houston Ballroom 1-2

Date: Friday, Feb 14 8:00 AM

Duration: 2 hours

CEU Hours: 0.20

Recording: Yes

Sections: Hand and Upper Extremity, Sports

Session Type: Education Session

Session Posing

Speakers

Primary Speaker  
Sean Michael Kennedy PT, CPT

Co-speakers  
Travis Myers

Co-speakers  
Dean Donath

Handouts

CSM\_2025\_Little\_Leaguers\_Aren\_Tiny\_Professionals\_Handouts.pdf

About

Session Code: HA-21117

Session Type: Education Session

Youth baseball participation, and subsequently injury rates, continue to rise. Specifically, the rate in which youth athletes experience throwing-related elbow pain has been reported as high as 50%. Successful return to sport for baseball athletes experiencing throwing-related elbow pain requires the involvement of an interdisciplinary team to return the athlete safely to sport and mitigate future injury risk. Additionally, many youth throwing athletes with pain demonstrate deficient throwing biomechanics, warranting a formal assessment to determine correctable pathomechanics that may contribute to subsequent re-injury risk. This education session will follow a case-based progression of a youth baseball athlete treated for osteochondritis dissecans of the elbow through the spectrum of care. Differential diagnosis of youth throwing-related elbow pain, objective screening protocols, standardized treatment algorithms, and clinical intervention will be presented. A detailed overview of load monitoring considerations specific to the baseball athlete, with metrics that should be considered when prescribing an interval throwing program, will be provided. The clinical utilization and interpretation of how to quantify load in order to manage and regulate cumulative stress on the arm will be discussed, and interval throwing programs grounded in load management will be demonstrated. Finally, a founding member of the National Pitching Association will discuss the evaluation and intervention of baseball throwing biomechanics with an emphasis on key parameters to safely return throwing athletes to prior level of performance and mitigate future injury risk.

Tracks

Hand and Upper Extremity Sessions to be Recorded

6. Click on the handout and the file will download in your web browser.

Still having issues with accessing handouts? Email [conferences@apta.org](mailto:conferences@apta.org) for additional assistance.